



Strand Medical

Quality Health Matters

TAKING BLOOD PRESSURE READING AT THE SURGERY

Dear patient,

We note that you have previously been diagnosed with Hypertension and we have not had a blood pressure reading for you in the last 12m or more.

If you have a blood pressure machine at home, please be so kind and send us your latest reading or post it through our letter box.

If you don't have a machine at home, you are invited to take your reading at the surgery.

Main surgery door is open from Monday 13 September for patients with pre-booked appointments and for those who need to take blood pressure reading for their condition.

When you attend for your appointment, please do the following:

- Ring the bell by the main entrance – one of our Receptionists will direct you to the side door to the surgery
- Once there, ring the bell so that the Receptionist can open the door for you remotely
- Please follow the corridor till you reach the front desk, where a Receptionist will direct you to the BP machine in the Nursing corridor. Directions on how to use the machine as well as disposable sleeves are by the machine
- Once you've taken your BP reading, please pass the print with the result back to the Receptionist and exit through the same door
- Please wear a face mask or a face covering when you attend for your appointment